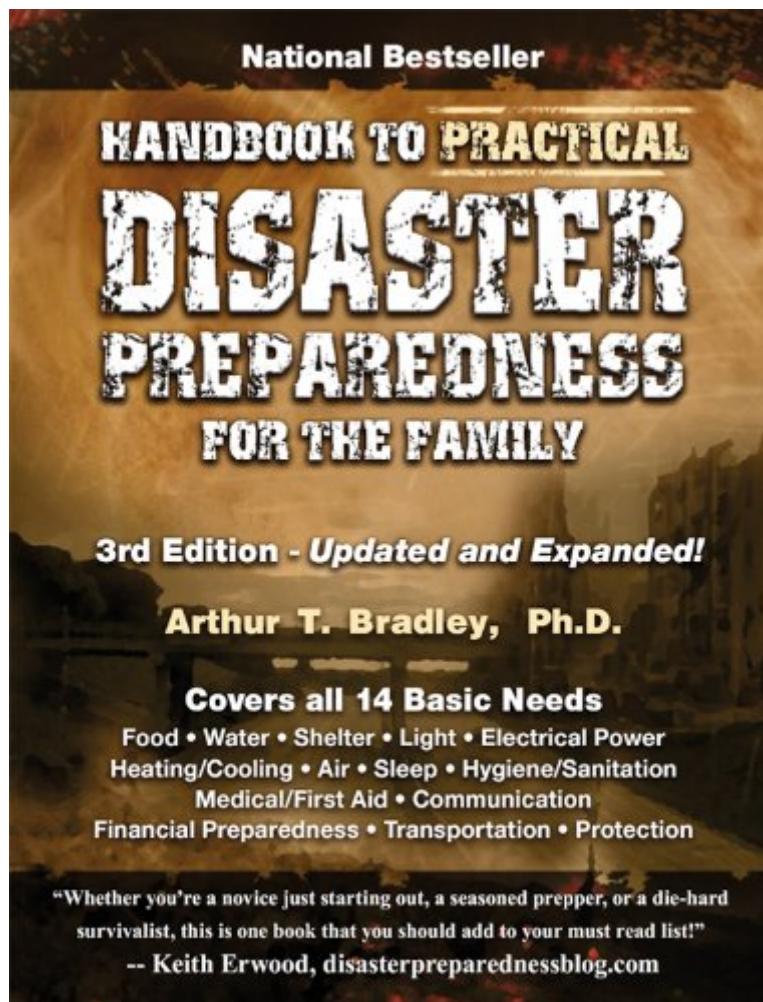


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# Handbook To Practical Disaster Preparedness For The Family, 3rd Edition



## Synopsis

How do you prepare for an Ebola outbreak? What about a hurricane, flood, tornado, or house fire? It all starts with developing a practical disaster preparedness plan for your family. The Handbook to Practical Disaster Preparedness is the only book that provides step-by-step instructions for developing that plan. It emphasizes practical preparations and avoids the scare tactics of many other books. The 440-page handbook is a complete guide to creating a practical disaster preparedness plan. The 3rd Edition has been expanded to cover every important topic, including food storage, water purification, home improvements, electricity generation, backup heating, personal protection, financial preparations, communication systems, disaster preparedness networks, evacuations, life-saving first aid, and much more. An entire chapter is also provided for people with special needs, including the elderly, those with young children, people with disabilities, and pet owners. Inside the handbook are hundreds of photographs, tables, and useful tips. The new larger 8" x 10" format also includes easy-to-copy worksheets to help organize your family's preparedness plans. Working through the steps identified in this book will prepare your family for nearly any disaster, whether it be natural disasters making the news daily (e.g., earthquakes, tornadoes, hurricanes, floods, and tsunamis), or high-impact global events, such as electromagnetic pulse attacks, radiological emergencies, solar storms, or our country's impending financial collapse. Discover why this handbook is being praised by emergency management experts, preppers, church groups, survivalists, bloggers, soccer moms, and people from every walk of life. Now is the time to take responsibility for your family's safety by putting into place important emergency preparations. For more information on Dr. Bradley's books and to sign up for his free Practical Prepper Newsletter, see [disasterpreparer.com](http://disasterpreparer.com). Also, if interested in an exciting post-apocalyptic series that follows a US Marshal after a global pandemic, check out The Survivalist (Frontier Justice).

## Book Information

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## **Customer Reviews**

I love how the author uses this book to focus on the most likely disasters. You won't find sensational advice about surviving the zombie apocalypse, but rather you will find practical advice for surviving and thriving through the disasters that we are most likely to encounter. The author takes some time at the beginning of the book to lay out the reasoning behind and basis for his calling certain types of disasters more or less likely. The book is laid out and organized by types of preparations, much like many other books of this type, but in each category the advice proffered is focused on addressing the most imminent and likely needs. - Staying Alive - Food - Water - Shelter - Light - Electrical Power - Heating / Cooling - Air - Sleep - Medical / First Aid - Communication - Financial Preparedness - Transportation - Protection - Special Needs - Creating a DP Network - Five Horsemen of Death - Electromagnetic Pulse and Solar Storms - Trial by Fire The last three chapters are dedicated specifically to different types of disasters (natural and otherwise) and specific actions that you can take in the midst of those disasters. This book is a "must read" even just for these last three chapters. It was obvious that quite a bit of research went into this book and this 3rd edition is quite polished and extensive. This book was well formatted for the Kindle with the ability to quickly skip from chapter to chapter and access the linked Table Of Contents. Also, the beginning of each chapter had a linked "Table of Contents" of its own to quickly take you to the different sections of the chapter.

This well written guide is a book every person interested in the safety of themselves, their family, and their property should consider. Unlike many books of this type, instead of telling us how to survive a post-nuclear apocalypse it focuses on planning for the problems that are most likely to happen to most of us, from fire to natural disaster to financial collapse, and makes practical recommendations to not only survive them, but to survive in a fashion that maintains physical and emotional health, and leaves you prepared to recover and continue after the disaster has passed. I

suspect there are thousands of people in New Orleans who wish they had made an inventory of their important documents and collected them so that in the event of an evacuation they were able to take them with them as they left. This guide not only suggests what should be gathered, but provides a convenient format for recording the information so that it is available when you are getting ready to head for higher ground. I spent 20 years in the military, been a Scoutmaster, 4H Instructor, Paramedic, and Camp Staff member, and I have never encountered a more useful, to the point, and easily used reference. Dr. Bradley has done a wonderful job of researching the available information on keeping ourselves and those important to us safe and consolidating it into concise, well written chapters that cover the preparations required to enable a practical response to real world threats. Equally importantly, he provides a bibliography to help you explore each topic in greater detail if desired.

How many times have you read about the 10 steps to solve ? I've read plenty, and they always leave me with a 30,000-foot view of a problem and little insight on what I need to get from the hardware store on Saturday. Well, expect much more than vague 10-step plans to solve all your problems from Dr. Bradley's book. His Handbook not only paints the high-level picture, but gets down to specifics; did you know that in his typical 2-story house he extracted 2 gallons of drinkable water from his hot water pipes? The most impressive feature of this book in my view is how pragmatic it is. I've seen the Army Survival Manual - it is great for wilderness survival, but what about living in my neighborhood? Dr. Bradley breaks surviving a disaster down to 14 basic needs, and shows you first how to prioritize your efforts, then how to get to the level of preparedness that makes sense for your family. The book is full of well thought-out overviews of the 14 basic needs of life, and also delves into specifics (best products, calculations, checklists) you can use to become prepared for the unexpected. Finally, like no other text I have seen, Dr. Bradley looks at the whole spectrum. Ever think of air as a necessary tool for surviving a disaster? How about the role of finances? Preparing your house to resist rioters? What water filter really works? What weapon is best? How do you calculate the size of the generator to secure light and communication for your family? Ever think about how sleep is essential to your ability to survive a disaster? What about common illnesses? Do you know what they are? That they often come from poor sanitation? How do you avoid them when infrastructure breaks down? As an engineer Dr.

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